

For the contact details of Committee Members or Group Leaders, please consult the lists on the last pages.

LU3A MONTHLY MEETINGS

Beginning at **2:00p.m.**, on the last Thursday of each month in LaganView Enterprise Centre, 69 Drumbeg Drive, Old Warren. The next meeting is on **Thursday 28th Nov.** **Remember to bring your badge and cup.**

ITEMS FOR MONTHLY MEETINGS

Please note that Group Leaders and members wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

CHRISTMAS SOCIAL EVENT



FRIDAY 13TH DECEMBER AT 2 P.M. AT LAGANVIEW ENTERPRISE CENTRE

COME ALONG FOR SOME CHRISTMAS CHEER!

TO GIVE US AN IDEA OF NUMBERS, A SIGN-UP SHEET WILL BE OUT AT THE MEETING



ANNUAL LUNCHEON

Friday 24th January 2020 at Lisburn Golf Club at **1:00 p.m.** Cost is £16 includes tips

Please sign up at 28th Nov meeting and note if any food allergies. Make cheques payable to Lisburn U3A, or send menu choice with cheque to Trevor McKinney, ----- before 14th January.

MENU CHOICES

MAIN COURSE CHOICES	DESSERT CHOICES
1. Slow Roast Daube of Beef	1. Apple Crumble
2. Fillet of Chicken, Orange & Cranberry Stuffing	2. Fresh Fruit Salad
3. Crusted Hake	3. Pavlova
4. Vegetable Stir Fry	
<i>Served with Chef's Selection of Potatoes & Vegetables</i>	

Board Games (PROPOSED)

A Board Games Group (excluding Scrabble) has been proposed. If you are interested, please fill in your name and game suggestions on the **sign-up sheet** at the next meeting **28th Nov.**

Group Leader – Keith Ineson

FLOWER ARRANGING

The Flowerets will resume on the **6th Feb. 2020 at 10:30**, and continue on the 1st Thurs. of each month. An email will be sent in January to group members. The group is full, but those interested may sign the waiting list.

Group Leader – Sally Stanfield

GENEALOGY GROUP

There is a Genealogy group, which meets as arranged around once a month. Please get in touch with the Group Leader to have your contact details added to the group list, and to receive meeting details.

Group Leader – Sally Cunningham

FRINGE THEATRE

I HEAR YOU AND REJOICE – Friday 13th Dec. at 8p.m. *Booking closed.*

Group Leader – Sally Cunningham

DINING OUT

The next visit to pizzarellys will be after Christmas – on **Fri 17th Jan 2020!** Happy Christmas!!

Group Leader – Norma Patterson

YOGALATES

Yogalates runs until **18th Dec.** Group Leader will update us on January to April session soon. Our classes are full now, but we are happy to take names for our waiting list.

Group Leaders – Brenda Palmer & Freda Bell

INDOOR BOWLS

Winter Bowls weekly at Kilmakee Activity Centre, new members welcome on Mondays and Tuesdays - contact the group leaders for information. **Mondays at 10:30 a.m. – Tuesdays at 1:45 p.m. – Thursday 10:30 a.m.**

Group Leaders – Catherine Murdock & Andrew Mcilroy

PAINTING FOR PLEASURE

The group closes on **26th Nov** for the Christmas period and re-opens on **7 Jan 2020.** I wish everyone a Happy Christmas and Prosperous New Year - Tommy Yarr.

Group Leader – Tommy Yarr

SNOOKER

U3A snooker is held on **Tuesdays at 7:30p.m.** New members welcome - contact group leader for information.

Group Leader – Neville Hicks

T'AI CHI

Group Leader – Elinor Ritchie

Beginners: **Fri 29th Nov** is last class for this term, recommencing next term on **Fri 17th Jan**.

KARATE

Group Leader – William Grant

Classes are held every **Tuesday at 7p.m.** at St. John's Church Hall in Dromara.

ARCHERY

Group Leader – Pearl Chambers

Classes every **Tuesday from 10-11a.m.** in Kilmakee Activity Centre. New members welcome.

TEN PIN BOWLING

Group Leader – Jean Needham

Next meeting is **Fri 13th Dec. at 6:45 p.m.** for prompt start at 7 – 9 p.m. £9.00 per person (sorry no refunds). If you have never tried ten-pin bowling, come along – it is great fun. We usually go for coffee and chat afterwards. January meeting planned for **Friday 18th Jan**. Signup sheet will be out at Nov meeting for both nights. For further details, contact Group Leader.

BADMINTON

Group Leader – Laura Molloy

Lisburn Racquets Club, meeting each **Wednesday 10:30-12 noon** through the year. Racquets can be provided.

BOOK GROUP 1

Group Leader – Jeanette Chambers

"Before We Were Yours", our book for last month, was set in USA and although we recognised the fate of the children, we were not always sure of the scenario. This month we are returning to Ireland with "When All is Said" by Anne Griffin. We meet at the home of Shirley Bork on **Thurs 5th Dec** at usual time of **10:30 a.m.** Our first book of 2020 is "A Suitable Boy" by Vikram Seth and we will meet on the **2nd Thurs, 9th Jan 2020**.

BOOK GROUP 2

Group Leader – Joan Bryson

Book Group 2 Christmas Lunch is on **10th Dec at 10:30**. Our read is James Joyce's short story 'The Dead' (from the collection 'Dubliners'). Centred around a Christmas party it features many universal elements and still contemporary themes - families and friends, food, drink and over-indulgence, nostalgia, old age, love, even snow. In Jan 2020, we revert to our usual last Tues of the month meeting at **10:30 on Jan 28th**; but our book has yet to be selected.

ANTIQUES & COLLECTABLES

Group Leader – Jacqui Townsley

Next meeting Wed. 12th Feb 2020, no meetings in Dec. or Jan. We meet in Hillsborough Village Centre, Ballynahinch St., Hillsborough. Everyone is welcome – you do not have to be a member of the Group, just come along and pay on the night - the cost is £3 per meeting.

CONCERT & THEATRE GROUP

Group Leaders – Jacqui Townsley & Reah Browne

- **LISBURN HARMONY LADIES CHOIR WITH THE CELTIC TENORS – Sat 21st Dec at 7:30 p.m.** *Booking closed – tickets available at next meeting.*
- **CAROLS TOGETHER AT STORMONT – Fri 29th Nov at 7:00 p.m.** *Booking closed – tickets available at next meeting.*
- **BEAUTY & THE BEAST – Thurs 9th Jan 2020 at 7:00 p.m.** *Booking closed – tickets available at next meeting.*
- **ULSTER ORCHESTRA LUNCHTIME CONCERT – Ulster Hall, Belfast, 20th Feb 2020 at 12:30 p.m.** Tickets £7.50 – closing date **Mon 2nd Dec**. Adrien Perruchon conducts Storybook Escape – a concert that gives musical life to three literary figures: Borodin Overture: *Prince Igor*, Tchaikovsky Waltz: *Eugene Onegin*, Nielsen Suite: *Aladdin*.

LU3A SINGERS

Group Leader – Jacqui Townsley

Next meeting **Fri 6th Dec at 2 p.m.** Anyone who would like to come and join us for the run-up to the LU3A Christmas Party will be very welcome! We meet on the 2nd and 4th Friday of each month from 2:00 – 4:00 p.m. in the Barry Gallery, Downshire Centre, Hillsborough Parish Church (parking and lift available at the hall).

GOLF

Group Leader – Margaret Callan

Weekly on **Mondays at 10:30 a.m.**, weather permitting, and excluding Bank Holidays. Venue varies but most frequently Down Royal Park, Maze, BT27 5RT. You have the option to play 9 holes or 18 holes. Details via Sunday evening email. **For inclusion on the email circulation list**, please send email address to Group Leader.

CROCHET GROUP 1

Group Leader – Jean Ryan

For the last few months group members have been making babies' hats and blankets. These were delivered by Joan Dobbin to Friends of the Cancer Centre at Belfast City Hospital. We received a warm letter of appreciation for the donation. The group is fully subscribed as it meets in a member's home weekly on **Fri at 10:30 a.m.** Anyone interested in beginning and/or joining Crochet Group 2 should sign up at the next monthly meeting.

WALKING GROUPS – You have a choice of five walking groups with five different levels of difficulty:

1. STROLLERS

Group Leaders - Mary Hine & Heather Martin

Short, flat walks at an easy pace. Members meet at **10:15a.m.**, on alternate **Monday mornings**.

Date	Walk	Meeting Place	Leader
02 Dec	Lurgan Park	Brownlow House, Lurgan	Zandra Lyness
16 Dec	Drumbo Towpath to McIlroy Park	Car Park, Drumbeg	Carolyn Johnston
30 Dec	Moir Park (2 circuits)	Car Park at Toilet Block	Mary Hine
13 Jan	Lockkeepers to Belvoir	Bottom Car Park, past Crowne Plaza	Patricia Duke
27 Jan	Wallace Park (2 circuits)	Car Park, Belsize Road	Kay Mercer

2. SATURDAY RAMBLERS

Group Leader - Lesley Kirk

There will be no walk in December. The first walk of the New Year will be on **Sat. 18th Jan** at Hazelbank and Gideons Green, Whiteabbey. We will get the **10:10** train from Lisburn, changing at Great Victoria Street to the 10:45 train to Whiteabbey. Refreshments can be bought in Whiteabbey village at the end of the walk. Please let the group leader know by **Friday 17th Jan** if you intend joining the ramble.

3. RAMBLERS

Group Leader - Stanley Prentice

Meeting on alternate **Monday mornings 10a.m.** for slightly more challenging walks of 5 miles (approx.) with occasional hills. Please get in touch with the Group Leader to have your contact details added to the Ramblers' database to get details of this month's walks or **to volunteer to lead walks**.

4. HILLBILLIES

Group Leader - Judith Prentice

These walks are slightly easier than the Scramblers; they will get you out into the mountains but not climbing peaks. Walks are held on the same **Monday** of the month as the Scramblers (below), meeting at **10:00a.m.** Please contact the Group Leader to get details of this month's walks.

5. SCRAMBLERS

Group Leader - Stanley Prentice

Harder walks than any of the above groups, and centred in the Mourne Mountains, on one **Monday** each month. Please get in touch with the Group Leader to have your contact details added to the Scramblers' database, or to get details of this month's walks.

DATES FOR YOUR DIARY

The next MONTHLY MEETINGS will be held on

Regular meeting	Thursday 28th Nov 2019
Christmas Party	Friday 13th Dec 2019
Annual Lunch	Friday 24th Jan 2020
Regular meeting	Thursday 30th Jan 2020

COMMITTEE MEMBERS – CONTACT DETAILS

Margaret Hanna	Chairperson	
	Vice Chairperson/Speakers	
Joan Hamilton	Administrative Secretary	Contact details available on joining Lisburn U3A
Pearl Chambers	Minutes Secretary	
Trevor McKinney	Treasurer	
Bill Grant	Venues/Bookings/Group Leaders	
Sandra Stokes	Membership Secretary	
Keith Ineson	Convener of Group Leaders	
Margaret Callan	Committee Member	
Elodie Ellingsen	Newsletter Editor	
Cynthia Kelly	Photo Supplement	
David Todd	Webmaster	
Daphne Bailie	Catering	

DON'T SIT AT HOME COUNTING THE MINUTES – JOIN IN LU3A ACTIVITIES AND MAKE EVERY MINUTE COUNT!

NEWS/INFORMATION/ARTICLES FOR THE NEXT EDITION MUST REACH THE EDITOR AT LEAST ONE WEEK BEFORE THE NEXT MEETING.

Activity Group Leaders – Contact Details

Group	Day	Time	Venue	Group Leader	Tel.	Contact email
Antiques	Monthly	Varied	3	Jacqui Townsley		
Archery	Every Tuesday	10:00am	1	Pearl Chambers		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Jeanette Chambers		
Book Group 2	Last Tue of month	10:30am	4	Joan Bryson		
Bowling1 Indoor	Every Monday Every Thursday	10:30am 10:30am	1	Catherine Murdock Jean Needham		
Bowling2	Every Tuesday	1:45pm	1	Andrew McIlroy		
Bridge	Every Thursday	8:00pm	2	Ivy Long Joan Bolam		Contact details available on joining Lisburn U3A
Crochet	Every Friday	10:30	4	Jean Ryan		
Dining Out	Occasional	Varied	8	Catherine Murdock Norma Patterson		
French	Every Monday	2:30pm	6	Jean Needham		
Film Group	Alternate Tuesdays	Evening	8	Judith Prentice		
Floral Arrgmt	1 st Thurs of month	10-12pm	5	Sally Stanfield		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf Players	Occasional	Varied	8	Margaret Callan		
Karate	Every Tuesday	7:00pm	12	William Grant		
Horse-racing	Occasional	Varied	8	Jean Needham		
Let's Go	Occasional	Varied	8	Judith Prentice		
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Photography	Wednesday	2-4pm	8	Mike Pressley		
Scrabble	1 st Thurs of month	2:00pm	2	Olive Campbell		
Sewing	Tuesday	10:30am	4	Anne McIlroy		
Snooker	Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi	Friday	10:30am 11:45am	5	Elinor Ritchie Helen McEwen Maureen Toner		
Ten Pin Bowl	Occasional	7:30pm	11	Jean Needham		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yogalates	Monday, Wednesday	4-5pm 4-5pm	5	Brenda Palmer Freda Bell		
Walking Groups – In increasing levels of difficulty						
Strollers	Alternate Mondays	10:15am	8	Mary Hine Heather Martin		
Sat Ramblers	3rd Sat of month	10:00am	8	Lesley Kirk		
Ramblers	Alternate Mondays	10:00am	8	Stanley Prentice		
Hill Billies	Monday monthly	10:00am	8	Judith Prentice		
Scramblers	Monday monthly	10:00am	8	Stanley Prentice		
Taster Groups						
Irish Lessons	Friday	11:00 am	13	Keith Ineson		

1 = Kilmakee Activity Centre, Seymour Hill Estate

2 = Lisburn Racquets Club, Belfast Road, Lisburn

3 = Hillsborough Village Community Centre

4 = Volunteer Member's Homes

5 = LaganView Enterprise Centre, Lisburn

6 = Convener's Home

7 = Coach Snooker Club, Hillsborough

8 = Varied Venues

9 = Barry Gallery Downshire Centre

10 = Bridge Community Centre Railway Street

11 = LeisurePlex Bowling Centre

12 = St John's Hall Dromara

13 = Tesco, Bentrin Rd, Lisburn

LEARN, LAUGH AND LIVE

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