

Lisburn U3A Activity Groups - starting times

<i>Time</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
10.00a.m.	Ramblers (alternate Mondays) Hillbillies & Scramblers (once a month – alternate Mondays)	Archery				Saturday Ramblers Third Saturday of the month
10.15a.m.	Strollers (alternate Mondays)					
10.30a.m.		Book Group 2 (Last Tue of the month) Sewing Painting for Pleasure	Badminton	Bowling 1 Book Group 1 (First Thu of the month)	Crochet	
10.45a.m.					Tai Chi Group Improvers	

1.45p.m.		Bowling 2				
2.00p.m.			Photography	Scrabble First Thu of the month	LU3A Singers 1st and 3rd Friday of the month	
3.00p.m.	French					
3.45p.m.			Yogalates			
4.00p.m.	Yogalates					

7.00p.m.	Bridge for Beginners					
7.30p.m.		Snooker				
8.00p.m.		Film Group (alternate Tues.) – film dependent		Bridge for All		

Don't sit at home counting each day. Join us and make every day count!

The following activities do not take place on any particular day / time.

National Trust, Theatre/Concert, Wine Tasting, Horse Racing, Let's Go (somewhere interesting), Antiques, Nature Watch, Film/Cinema, Fringe, Gardening, Golf (Players), Nosh Night, Golf (beginners), 10 Pin Bowling.

Lisburn U3A - The group that likes to put a twinkle in your wrinkle!