

Email: info@lisburnu3a.org

Website: www.lisburnu3a.org

Charitable Status No NI103276

For contact details of committee members and Group Leaders please consult the lists on the last page
News/information/articles for the next edition must reach the editor one week before the meeting.

U3A MONTHLY MEETINGS – beginning at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting is on Thursday 25th July 2019.

Don't forget your badge and cup.

ITEMS FOR MONTHLY MEETING

Please note that Group Leaders and members wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

NEW GROUPS

There has been interest expressed in two new groups - **Flower Arranging** and **Beginners Irish**.

For both we need someone to help the group learn new skills and also someone willing to lead the Irish group. If anyone would be interested, please speak to the Groups Convenor or any member of committee.

LET'S GO

Fri 23rd Aug 11.00 am. Boat trip on Lough Erne, visiting Devenish Island and ending at Killyhevlin Hotel for lunch. Cost will depend on numbers, but should hopefully be between £25 and £30.

If interested, please sign sheet at meeting or contact Judith by email.

A limited number of spaces left

Group Leader Judith Prentice.

YOGALATES

Our classes meet on **Mondays and Wednesdays 4-5pm.** Yogalates will take a summer break from the end of June until September. I will contact members about next season's details.

We have spaces, all new members are welcome, just contact Freda or myself.

Group Leaders – Brenda Palmer and Freda Bell.

OUTDOOR BOWLS

Weekly outdoor bowls **every Tuesday at 2.00pm and Thursdays at 10.30am.** at Lagan Valley Bowling Club and every **Saturday at 10.30am** at Lisnagarvey Bowling Club.

Remember players **must** wear bowling shoes and need to purchase a season ticket.

New members welcome. Group Leaders – Catherine Murdock and Andrew McIlroy.

PAINTING FOR PLEASURE

The group are on holiday until September

Group Leader – Tommy Yarr.

T'AI CHI

Beginners every **Friday at 10.00am.** Due to the success of the beginners Tai Chi class

we are now full. If you are interested in joining the class I can put your name on our waiting list.

Group Leader – Elinor Richie.

SUMMER GOLF

Next outing **Thurs 15th Aug 9.45am** tee-off at Rockmount Golf Club Carryduff. Can be postponed if weather dictates. Green Fees payable on the day so £5 non-refundable deposit payable at LU3A meeting on 25th July. Several options available:- £29 for Tea/Coffee & Scone followed by 18 holes followed by Lunch. £25 for Tea/Coffee & Shortbread followed by 12 holes and lunch. £20 for 9 holes and lunch. £20 for 18 holes but no food. £15 for 9 holes but no food. Please advise of any special dietary requirements when paying deposit. Group Leader – Margaret Callan.

DINING OUT

The next visit to pizzarellys will be on **Fri 30th Aug at 7p.m.** it's still £15 for 2 courses and £17 for 3 courses (which includes tip) BYO wine etc. Please sign up at next meeting or email me?!! Many thanks!! PLEASE ADD CONTACT DETAILS AND EMAIL ADRESSES if signing up for the first time??!! Group Leader – Norma Patterson.

BADMINTON

We meet each **Wednesday 10.30am - 12 noon** at Lisburn Racquets Club. Racquets can be provided. We play every week throughout the year come rain or shine. New members are welcome and it would be good to see previous members again. Group Leader - Laura Molloy.

BOOK GROUP 1

For some of us in the Book Group "Eligible" by Curtis Sittenfeld was a very light read but when we started to discuss it we realised there was a lot more to it. Although it closely copied "Pride and Prejudice" in some things, the modern situations and the dynamics of modern living were brought to our attention and gave us more room for thought. Our next book "Gentlemen and Players" by Joanne Harris has already been read by some of our members but they are quite willing to re-read it which is a good recommendation. We are meeting at the home of Freda Bell at the usual time of **10.30 a.m.** on **Thurs1st August.** Group Leader – Jeanette Chambers.

BOOK GROUP 2

In August we will meet on **Tues 27th at 10.30 am.** Our book of the month is Jodi Picoult's 'My Sister's Keeper'. No one would deny her sister a lifesaving donation would she? No one would breed a child just so she could be a donor would they? These are the central issues in Picoult's book. Group Leader – Joan Bryson.

ANTIQUES & COLLECTABLES

No meetings July and August restarting in September. Group Leader – Jacqui Townsley.

CONCERT & THEATRE GROUP

CHITTY CHITTY BANG BANG - Lagan Valley Island Centre **Thurs 5th Sept at 7.30 pm**
Booking closed - tickets available at next meeting or at Lagan Valley Island Centre on evening of the show.
Group Leaders – Jacqui Townsley and Reah Browne.

LU3A SINGERS

No meetings July and August.

We recommence on **Fri 13th September.** Thereafter we will meet on the **2nd and 4th Friday** of each month from **2.00 pm – 4.00 pm** in the Barry Gallery, Downshire Centre, Hillsborough Parish Church (parking and lift available at the hall). New members very welcome. Group Leader – Jacqui Townsley.

WALKING GROUPS – You have a choice of five walking groups with five different levels of participation.

1. STROLLERS

Short, flat walks at an easy pace. Members meet at **10.15 am.** on alternate **Monday mornings.**

12th Aug. Drumbo towpath to Mclroy Park. Meet Car Park Drumbeg. Leader Vi Shannon.

26th Aug. Wallace Park (2 circuits). Meet Car Park Belfast Road. Leader Margaret McClean.

Group Leaders - Mary Hine and Heather Martin.

2. SATURDAY RAMBLERS

This month's ramble will be at Oxford Island on **Sat 17th Aug.** Meet at Dobbies at **10.00am** to car share.

Refreshments can be bought at the visitor's centre. Please let the group leader know by **Fri 16th** if you intend walking.

Group Leader - Lesley Kirk.

3. RAMBLERS

Meeting on alternate **Monday mornings 10am** for slightly more challenging walks of 5 miles (approx.) with occasional hills. To have your contact details added to the Ramblers' database or **to volunteer to lead walks** please contact the Group Leader - Stanley Prentice.

Month of August- To be arranged.

4. HILLBILLIES

These walks are slightly easier than the Scramblers but will get you out into the mountains but not climbing the peaks and will be held on the same **Monday** of the month as the Scramblers meeting at **10.00am.**

Month of August- To be arranged.

Group Leader - Judith Prentice.

5. SCRAMBLERS

Harder walks than any of the above groups, centred in the Mourne Mountains on one **Monday** each month.

To obtain further information or to have your contact details added to the Scramblers' database please contact the Group Leader - Stanley Prentice.

Month of August - To be arranged.

DATES FOR YOUR DIARY -

SUBSEQUENT MONTHLY MEETINGS will be held on **Thursday 29th August and 26th September 2019.**

CONTACT DETAILS FOR MEMBERS OF COMMITTEE AND EDITORS OF PUBLICATION

Margaret Hanna	Chairperson	Contact details restricted to those who take up full membership of Lisburn U3A
	Vice Chairperson/Speakers	
Joan Hamilton	Administrative Secretary	
Pearl Chambers	Minutes/Social Secretary	
Trevor McKinney	Treasurer	
Bill Grant	Venues/Bookings/Group Leaders	
Sandra Stokes	Membership Secretary	
Keith Ineson	Convener of Group Leaders	
Margaret Walker	Articles/news for the Newsletter -	
Cynthia Kelly	Photos for the Photo Supplement -	
David Todd	Comments regarding the Website -	

Lisburn U3A - The group that aims to put a twinkle in your wrinkle!

Activity Group Leaders Contact Details

Group	Day	Venue		Group Leader	Tel.	Contact email
		Time	?			
Antiques	Monthly	Varied	3	Jacqui Townsley		
Archery	Every Tuesday	10.00am	1	Pearl Chambers		
Badminton	Every Wednesday	10.30am	2	Laura Molloy		
Book Group 1	First Thur of month	10.30am	4	Jeanette Chambers		
Book Group 2	Last Tue of month	10.30am	4	Joan Bryson		
Bowling 1	Every Monday	10.30am	1	Catherine Murdock		
Indoor	Every Thursday	10.30am		Jean Needham		
Bowling 2	Every Tuesday	1.45pm	1	Andrew McIlroy		
Bridge	Every Thursday	8.00pm	2	Ivy Long Joan Bolam		
Crochet	Every Friday	10.30	4	Isobel Spence		
Dining Out	Occasional	Varied	8	Catherine Murdock Norma Patterson		
French	Every Monday	2.30pm	6	Jean Needham		
Film Group	Alternate Tuesdays	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Golf Players	Occasional	Varied	8	Margaret Callan		
Horse-racing	Occasional	Varied	8	Jean Needham		
Let's Go	Occasional	Varied	8	Judith Prentice		
LU3A Singers	2nd and 4th Fridays	2.00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10.30am	3	Tommy Yarr		
Photography	Wednesday	2-4pm.	8	Mike Pressley		
Scrabble	First Thur of month	2.00pm.	2	Olive Campbell		
Sewing	Tuesday	10.30am	4	Anne McIlroy		
Snooker	Tuesday	7.30pm	7	Neville Hicks		
T'ai Chi	Friday	9.45am 11.00am	5	Elinor Richie Helen McEwen Maureen Toner		
Ten Pin Bowl	Occasional	7.30pm.	11	Jean Needham		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yogalates	Monday Wednesday	4-5pm 4-5pm	5	Brenda Palmer Freda Bell		

Contact details restricted to those who take up full membership of Lisburn U3A

Walking Groups - In increasing level of difficulty

Strollers	Alternate Mondays	10.15am	8	Mary Hine Heather Martin		
Sat Ramblers	3rd Sat of month	10am	8	Lesley Kirk		
Ramblers	Alternate Mondays	10am	8	Stanley Prentice		
Hill Billies	Monday monthly	10am	8	Judith Prentice		
Scramblers	Monday monthly	10am	8	Stanley Prentice		

1 = Kilmakee Activity Centre, Seymour Hill Estate
 2 = Lisburn Racquets Club, Belfast Road, Lisburn
 3 = Hillsborough Village Community Centre
 4 = Volunteer Member's Homes
 5 = Laganview Enterprise Centre, Lisburn
 6 = Convener's Home

7 = Coach Snooker Club, Hillsborough
 8 = Varied Venues
 9 = Barry Gallery Downshire Centre
 10 = Bridge Community Centre Railway Street
 11 = Leisureplex Bowling Centre

Don't sit at home counting the minutes - join in our LU3A activities and make every minute count!