LISBURN U3A NEWSLETTER





June 2024 Events

Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page

U3A MONTHLY MEETINGS – beginning at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren – **The next meeting is on Thursday 27th June.** Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. *before* the meeting which begins promptly at 2p.m. **Don't forget** to bring your name badge and cup.

MEETING – LAGANVIEW ENTERPRISE CENTRE Thursday 27th June at 2.00pm

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

Thank you to the Tai Chi Group who will be at the sign-in desk and hosting the refreshments this month.

June Meeting - Lisburn u3a AGM Thursday 27th June 2024 Nigel Carr, former international rugby player, will be our speaker following the business part of the meeting with his talk entitled "The Carr Journey"

We still need nominations for Lisburn u3a committee as three of the current postholders are stepping down having completed their term. Please contact a member of committee for more information





Barbeque Thursday 25th July

Please note change of venue for July Meeting Lisburn u3a Barbeque Thursday 25th July 2024 at Masonic Hall, Belsize Road 12.30 for 1.00pm

Cost £15.00 to include usual Barbeque food cooked by Mulhollands. Vegetarian option or special dietary requirements – please indicate when signing up. As well as meats and sides, tea/ coffee/juice will be served. Norman Houston will provide the entertainment.

This is a member only event being subsidised by lu3a.

A cash bar will be available for those who wish to purchase alcoholic or soft drinks. Sign-up and pay at the June meeting or if unable to be there please contact Joan Hamilton or email info@lisburnu3a.org

> Last day for sign up and payment is Monday 22nd July 2024 Looking forward to seeing you there

NAME BADGES & MEMBERSHIP CARDS

New members please collect your badge from the new member's welcome desk. Membership cards for all current members can be collected from the sign in table.

WELCOME TO THE FOLLOWING NEW MEMBERS Deirdre Maguire , Norma Grey and Eileen Girvin

News/Information/Articles for the next edition must reach the editor by the second Wednesday of each month. Lisburn U3A Newsletter - Page 1 of 7

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

There are no meetings in July - have an enjoyable summer. Jacqui

BADMINTON

GROUP LEADER - LAURA MOLLOY

Due to popular demand and the increase in players, membership of the badminton group has now been temporarily suspended. Unfortunately current numbers are so high that it is impacting on the number of games played. If you have been playing regularly since Jan 2023 you are included in the group and we look forward to seeing you on a Wednesday morning. A waiting list has been started. If you have played in the past or wish to play for the first time please contact the Group Leader Laura Molloy.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON

We met on 6 th June to discuss The Midnight Killing by Sharon Dempsey. Sharon is a crime writer and academic researcher at Queens .

The Midnight Killing is the second book of a trilogy. We discussed the fictional sites in Belfast mentioned and tried to relate them to actual areas. The group felt the storyline was good, if a bit far fetched, but agreed that better editing was required. A couple of the group thought they may read the first and third books of the trilogy. Mainly to get more back story about the other main character. We meet again in July to discuss Brooklyn by Colm Toibin.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Book Group 2: Our July meeting is on Tues. 30th at 10.30am.Sometimes we like to read a classic so this month's book is 'Silas Marner' by George Elliot published in1861. It chronicles the life, tribulations and eventual redemption of a humble weaver driven from his home by false accusations.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

Indoor bowling at Kilmakee Activity Centre continues on Tuesdays at 1.45pm. Outdoor bowlers play at Lisnagarvey Green at 1.45 pm on Tuesdays and 9.45am on Thursdays. Recent weather has been somewhat unpredictable but the hardy outdoor players seem to enjoy themselves regardless. There is plenty of room for any new players who wish to join in but please let Fraser know which day/days (Tuesday afternoon/Thursday mornings) you wish to play. Green fees (£26.50 for age 65 or over) must be paid directly or by phone at the LCCC Island Centre.

BRIDGE

GROUP LEADER - IVY LONG

The bridge club continues on Thursdays at 7.30 pm. New members, with a basic knowledge of the game, are welcome to join and enjoy learning more.

CROCHET

GROUP LEADER - JEAN RYAN

Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

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DINING OUT

GROUP LEADER - NORMA PATTERSON

We meet at Pizzarellys in Lisburn once a month, usually on the second Thursday of the month. Our next outing will be on Thursday 11th July at 6.45pm! Pizzarellys has a varied menu of Italian and British Cuisine with prices to suit everyone and it's BYO wine. Please contact the Group leader, Norma Patterson if you would like to join us.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

FRENCH GROUP

GROUP LEADER - ZOE COLLINS

The French Group continues to meet on Monday afternoons for conversation, coffee and chat. The last meeting of the Group will be a lunch event at Haslem on Monday 24th June.

GARDEN GROUP

GROUP LEADERS - PAUL BOYCE - JOAN HAMILTON

The group continues with monthly visits to local gardens. We enjoyed a visit last month to 2 great gardens around Omagh. This month we are off to Greyabbey. Our programme runs through until October. Anyone interested in joining us contact Paul Boyce or Joan Hamilton.

Following our visit in April the group Donated £80 to GIFT International, a small NI based charity, co-founder Janet Wilson who gave an inspirational presentation on their work in Kenya to Lu3a at our February meeting. (for details or to donate visit <u>giftinternational.org</u>)

GOLF

GROUP LEADER - MARGARET CALLAN

The first Summer Golf outing - 11:08am, Thursday 20th June, Castlereagh Hills Golf Club. A dry day would be great, sunshine a bonus

LET'S GO

GROUP LEADER - GAIL POLLOCK

July's Let's Go will be to two sites in East Belfast on Thurs 18th July, you can opt to go to both or just one. First will be to Templemore Baths at 11am, where we will be given a tour of the site, a lot of its original features are still there, and hear about the work that has been done. Cost will be about £5 depending on how many attend. <u>https://www.visiteastside.com/listing/templemore-baths-heritage-experience#contentanchor</u> The second site will be the Police Museum at 2pm, this is FREE! There are several interesting artifacts and stories. <u>https://www.psni.police.uk/about-us/our-history/police-museum</u>

Those doing both or the museum will have time for lunch - to be arranged.

If you won't be at the next meeting and would like to go to either site, email me to book a place.

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The painting group is on summer holiday and resumes on 10th September. New members welcome.

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK

Rowallane have their gardener led tours again on the first Tuesday of each summer month. Meet in the car park at 11.20 on Tuesday 2nd July for a tour lasting 1hour . Please contact Lesley if you intend going . Don't forget the jazz event at Castle Ward hosted by the Easy Swing Jazz Duo on Sunday 23rd June at 1.00 (weather permitting) Bring a chair and a picnic. Contact Lesley by Friday 21st June if you would like to go. Free to NT members and normal entry prices for non NT members



GROUP LEADER - JACQUI TOWNSLEY

There will be no meetings over the summer, so I looking forward to seeing you all in the Autumn. Jacqui

SCRABBLE GROUP

GROUP LEADERS - LYNDA BROWNLEE - BARBARA PRIMROSE

We meet in the Racquets on 1st and 3rd Thursday on the month at 14.00. New members are always welcome, we are a friendly group and don't take ourselves too seriously.

T'AI CHI – Mixed Ability Classes GROUP LEADERS - KATHLEEN INGLESTON - PAUL BOYCE

Tai chi will take a break for the Summer before restarting again on Monday 2nd September. All those interested in the new session please let Paul Boyce or Kathleen Ingleston know by 23rd August

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

101 Dalmations

Grand Opera House, Belfast, **Thursday 15th August 2024 at 2.30 pm** *Booking closed. Tickets available at June meeting or at the theatre.*

Amélie

Lagan Valley Island, Lisburn, Friday 13th September 2024, at 7.30 pm

Fusion are delighted to be back with this beautiful story about an imaginative dreamer who discovers her voice, uncovers the power of human connection and sees possibility around every corner. Times are hard for dreamers but Amélie is someone to believe in.

Cost £17 pp. Closing date for bookings Tuesday 2nd July 2024.

An Inspector Calls

Grand Opera House, Belfast, Thursday 19th October 2024 at 2.30 pm

National Theatre production of JB Priestley's classic thriller - winner of 19 major awards and hailed as the theatrical event of its generation, An Inspector Calls has thrilled more than 5 million theatregoers worldwide. **Cost £40 pp**. *Closing date for bookings Tuesday 2nd July 2024*

YOGALATES

GROUP LEADERS - BRENDA PALMER - FREDA BELL

Yogalates classes continue on Wednesdays 4-5pm and Thursdays 11am-12pm. We have full complement at the moment but we are happy to place anyone interested in joining us on our waiting list. Just contact Brenda or Freda. WALKING GROUPS - You Have A Choice Of Five Walking Groups With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS GROUP LEADER - GIL COLVIN Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS GROUP LEADERS - KEITH INESON, WILLIAM GRANT Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS GROUP LEADER - STANLEY PRENTICE Mountain walks/Scramblers take place every Thursday, predominantly in the Mournes. We join up with our fellow Scramblers from Belfast u3a for these walks. Any questions or for more information, please contact the group convenor

LISBURN U3A COMMITTEE MEMBERS

| NAME | POSITION | EMAIL | |
|-------------------|----------------------------------|---------------------|--|
| Elizabeth Fleming | Chair Person | Info@lisburnu3a.org | |
| Joan Hamilton | Treasurer | | |
| Avril Hughes | Administrative Secretary | | |
| Brenda Palmer | Catering and sign in Coordinator | | |
| Peter Hunter | Speakers | | |
| Fraser Shannon | Venues/Bookings | | |
| Lesley Kirk | Membership Secretary | | |
| Joan Bryson | Convener of Group Leaders | | |

ADDITIONAL POSITIONS

| NAME | POSITION | EMAIL | |
|------------------|-------------------|---------------------|--|
| Elodie Ellingsen | Webmaster | Info@lisburnu3a.org | |
| Ray Fillmore | Newsletter Editor | | |
| Cynthia Kelly | Photo Supplement | | |
| | | | |

| VENUE* KEY | | | | |
|--|---|--|--|--|
| 1 = Kilmakee Activity Centre | 10 = Bridge Community Centre Railway Street | | | |
| 2 = Lisburn Racquets Club, Belfast Road, Lisburn | 11 = LeisurePlex Bowling Centre | | | |
| 3 = Hillsborough Village Community Centre | 12 = St John's Hall Dromara | | | |
| 4 = Volunteer Member's Homes | 13 = Tesco, Bentrim Rd, Lisburn | | | |
| 5 = LaganView Enterprise Centre, Lisburn | 14 = Turas centre, Newtownards Rd, Belfast | | | |
| 6 = Convener's Home | 15 = Everyday Cafe at Smyth Pattersons | | | |
| 7 = Coach Snooker Club, Hillsborough | 16 = LISNAGARVEY | | | |
| 8 = Varied Venues | 17 = LCCC Omniplex Bowling Green | | | |
| 9 = Parish Room Hillsborough Parish Church | 18 = Happy Days | | | |

LISBURN U3A ACTIVITY GROUP LEADERS

| GROUP | Day | Time | Venue | Group Leader | Contact Email |
|------------------------------------|-----------------------------------|--------------------------------|-------|--|---------------------|
| Antiques | 2nd Wed of month | 7:30pm | 3 | Jacqui Townsley | |
| Archery | Every Tuesday | 10:00am | 1 | John Sell | |
| Badminton | Every Wednesday | 10:30am | 2 | Laura Molloy | |
| Book Group 1 | 1st Thurs of month | 10:30am | 4 | Hilary Preston | |
| Book Group 2 | Last Tues of month | 10:30am | 4 | Joan Bryson | |
| Bowling Indoor | Every Tuesday Every Thursday | 1:45 - 4 pm 09:45 am - 12 | 1 | Fraser Shannon Bill Ingleston | |
| Bowling Outdoor Seasonal Summer | Every Tues & Thu | 09:45 - 12:15 | 17 | Fraser Shannon Bill Ingleston | |
| Bridge | Every Thursday | 7:30pm | 2 | Ivy Long Joan Bolam | |
| Bridge Beginner | Every Thursday | 2:00pm - 4pm | 15 | Fionnuala O'Callaghan Rosita Storey | |
| Crochet | Every Friday | 10:30am | 18 | Jean Ryan | |
| Dining Out | Occasional | 6:45pm | 8 | Norma Patterson | |
| French Group | Every Monday | 2:30 - 3:30pm | 6 | Zoe Collins | |
| Film Group | Most alternate Tues | Evening | 8 | Judith Prentice | |
| Garden Group | Occasional | Varied | 8 | Paul Boyce Joan Hamilton | |
| Golf | Most Mondays | Varied | 8 | Margaret Callan | |
| Karate | Every Tuesday | 6pm - 7:30pm | 12 | William Grant | Info@lisburnu3a.org |
| Let's Go | Occasional | Varied | 8 | Gail Pollock | |
| LU3A Singers | 2nd & 4th Fridays | 2:00pm | 9 | Jacqui Townsley | |
| National Trust | Varied | Varied | 8 | Lesley Kirk | |
| Painting | Every Tuesday | 10:30am | 3 | Tommy Yarr | |
| Photography | Occasional | Varied | 8 | Keith Ineson William Grant | |
| Scrabble | 1st & 3rd Thurs of each month | 2:00pm | 2 | Lynda Brownlee Barbara Primrose | |
| Snooker | Every Tuesday | 7:30pm | 7 | Neville Hicks | |
| T'ai Chi Mixed Ability Classes | Mondays | 11:00 - 12:00 12:15 - 13:15 | 5 | Kathleen Ingleston Paul Boyce | |
| Theatre / Concert | Occasional | Varied | 8 | Jacqui Townsley Kathleen Robinson | |
| Yogalates | Every Wednesday Every Thursday | 4pm - 5pm 11am - 12 | 5 | Brenda Palmer Freda Bell | |
| Strollers | Every Monday | 10:15am | 8 | Mary Hine | |
| Saturday Ramblers | 3rd Sat of month | 10:30am | 8 | Gil Colvin | |
| Ramblers | Every Monday | 10:30am | 8 | Stanley Prentice | |
| Ramblers Plus | 2nd Mon of month | 10:30am | 8 | Keith Ineson William Grant | |
| Scramblers | Alternate Thurs | 09:30am | 8 | Stanley Prentice | |

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