

Email: info@lisburnu3a.org
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Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page

U3A MONTHLY MEETINGS – beginning at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren – **The next meeting is on Thursday 29th August.** Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. **before** the meeting which begins promptly at 2p.m. **Don't forget** to bring your name badge and cup.

AUGUST MEETING LAGANVIEW ENTERPRISE CENTRE

Thursday 29th August at 2.00pm

We will welcome Joanne Templeton from LCCC who will be telling us about Better Recycling. What can and can't be recycled and why it is important to recycle. A great informative talk with plenty of tips.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

Thanks to the Scrabble Group who will be at the sign-in desk and host the refreshments this month.

September Monthly Meeting - Laganview Enterprise Centre
Thursday 26th September 2024 at 2.00pm

The Third Age Trust - Fit for the Future

Change is taking place as to how the National Third Age Trust will operate from the end of 2024 going forward. At present the Trustee Board is made up 12 regional trustees (9 from regions in England and 1 each from Scotland, Wales and N.Ireland.) but it is proposed to replace this with a smaller Board which will look after governance, finance etc, and a new Council will be formed, which will represent the regions. Valerie Cobain (NI Regional Trustee) and Adrienne Brown (Chair NI Regional Executive Council) will visit lu3a at our meeting in October to give a short update to members. We will have a speaker as usual on that day.

A summary of the proposals will be sent out shortly by email.

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is a **Visit to Wilsons Yard, Hillsborough Road, Dromore, on Wednesday, 11th September 2024.** Wilsons Yard are widely recognised as one of the United Kingdom and Ireland's premier architectural salvage and design businesses. Family run and in their fourth decade of doing business, they supply a multitude of quality, individual, spectacular products and market throughout the world.
Meet at Vic-Ryn 10.00 am for coffee/car-share.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON

Book group 1 met on 1st August in a member's home to discuss 'The Last List of Mabel Beaumont' by Laura Pearson. We all enjoyed this light summer read. We found the opening chapters quite moving as they described Mabel's feelings about her husband's death. The group were all misled at the start of the book but it slowly revealed the main character, Mabel's, history. The other characters in this book were well described.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our September meeting is on Tuesday 24th at 10.30 pm. At a time of turbulence in the USA we turn to an American classic - 'The Grapes of Wrath' by John Steinbeck. Set during the Great Depression the themes are contemporary as a family struggles to survive economic and environmental disaster, exploitation and poverty. Steinbeck gave ordinary people a voice.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

The final day of outdoor bowling for this season will be Thursday 29th August. Despite the amount of inclement weather this summer, much enjoyment was had by those hardy types. Indoor bowling will recommence at Kilmakee Activity Centre at 1.45 pm on Tuesday 3rd September and at 9.45 am on Thursday 5th September. Please come in good time to allow mats and teams to be organised for a punctual start to bowling.

BRIDGE

GROUP LEADER - IVY LONG

The bridge club continues on Thursdays at 7.30 pm. New members, with a basic knowledge of the game, are welcome to join and enjoy learning more.

CROCHET

GROUP LEADER - JEAN RYAN

Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

DINING OUT

GROUP LEADER - NORMA PATTERSON

We meet at Pizzarellys in Lisburn once a month, usually on the second Thursday of the month. Our next outing will be on Thursday 12th September at 6.45pm! Pizzarellys has a varied menu of Italian and British Cuisine with prices to suit everyone and it's BYO wine. Please contact the Group leader, Norma Patterson if you would like to join us.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GOLF

GROUP LEADER - MARGARET CALLAN

Golf group members play at Aberdelghy on Mondays on an ad-hoc basis during the winter months and would be happy to welcome other members who wish to join them.

Please contact the Group Leader if you would like to participate.

LET'S GO

GROUP LEADER - GAIL POLLOCK

As September is European Heritage Open Days on the 14th and 15th (<https://discovernorthernireland.com/things-to-do/arts-culture-and-heritage/european-heritage-open-days?purgepage=&p=1>), I've picked one site as a visit. I'm sure you will all have your own preferences, but if you want to join with others, join us at Archbishop Robinson's Library in Armagh. <https://discovernorthernireland.com/whats-on/armagh-robinson-library-ehod-2024-p760401>

I suggest Sat 14th at 11.30. If Saturday doesn't suit you, it is also open on Sunday afternoon. EHOD is a free event. There are other interesting sites to visit in and around Armagh.

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The painting group is on summer holiday and resumes on 10th September. New members welcome.

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK

Visit to the walled garden at the Argory on Friday 20th September at 11.00.

The walled garden is usually closed to the public but is open on a Friday until the end of September. It is a 10 minute walk from the visitor centre. Please contact Lesley by Wednesday 18th if you would like to go.



LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY

I hope it has been a good summer for everyone – despite the weather! Our first meeting after the summer break will be on **Friday 27th September 2024 at 2.00 pm in the Parish Room, Hillsborough Parish Church**. The Parish Room is the building on your right as you drive through the church gates, parking is available as you drive up to the Downshire Centre and also outside the Centre.

Everyone welcome – no expertise required – just come, relax and sing!

SCRABBLE GROUP

GROUP LEADERS - LYNDA BROWNLEE - BARBARA PRIMROSE

We meet in the Racquets on 1st and 3rd Thursday on the month at 14.00. New members are always welcome, we are a friendly group and don't take ourselves too seriously.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - KATHLEEN INGLESTON - PAUL BOYCE

Tai Chi resumes after the Summer break on Monday 9th September, when we look forward to meeting up again with our tutor, Jane Burke.

Please contact either of the group leaders - Paul or Kathleen - should you require further information.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

Amélie

Lagan Valley Island, Lisburn, Friday 13th September 2024, at 7.30 pm

Booking closed. Tickets available at August meeting or at the theatre..

An Inspector Calls

Grand Opera House, Belfast, Thursday 19th October 2024 at 2.30 pm

Booking closed. Tickets available at monthly meetings or at the theatre.

War Horse

Grand Opera House, Belfast, Thursday 13th February 2025 at 2.30 pm

Booking closed. Tickets available at monthly meetings or at the theatre..

YOGALATES

GROUP LEADERS - BRENDA PALMER - FRED A BELL

Yogalates reconvenes in September. Anyone wishing to join us staying supple in our advancing years should contact Brenda or Freda

WALKING GROUPS - You Have A Choice Of Five Walking Groups With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS GROUP LEADERS - KEITH INESON, WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast U3A for these walks.

Any questions or for more information, please contact the group convenor .

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chair Person	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Cynthia Kelly	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrin Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = Everyday Cafe at Smyth Pattersons
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Parish Room Hillsborough Parish Church	18 = Happy Days

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	10:30am	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	17	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Thursday	2:00pm - 4pm	15	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	18	Jean Ryan	
Dining Out	Occasional	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Karate	Every Tuesday	6pm - 7:30pm	12	William Grant	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00 12:15 - 13:15	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yogalates	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice	