

**WISHING EVERYONE A VERY HAPPY NEW YEAR**



For contact details of committee members and conveners please consult the lists on the last page

### JANUARY 2025 MEETING

Thursday 30th January 2025, Lisburn u3a Anniversary Lunch  
Dunmurry Golf Club 12.30 for 1.00pm

Cost £27.00 (tip included) for 3 course lunch with entertainment by the Lisburn Ukes.  
On arrival, please collect your name/menu choice card from the welcome table  
Looking forward to seeing all members who have booked to attend the lunch.

If you would like to attend the lunch and have not already booked, please contact Jane Harris or any committee member as soon as possible.

(See menu in December 2024 Newsletter)

Menu choices and payment must be submitted by **Monday 20th January 2025**

Please note there will be no meeting at **Laganview** on 30<sup>th</sup> January 2025

### February 2025 Meeting - Laganview Enterprise Centre at 2.00pm

Thursday 27th February 2025

We will welcome Dr Ethel White who will be giving a talk on The Ballance House.

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## GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

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### ANTIQUES AND COLLECTABLES

### GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is on **Wednesday 12<sup>th</sup> February 2025** when our speaker will be **Jim Stevens** on **“Wood Turning as a Hobby”**.

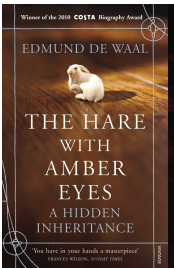
Before the late 17th century, when pewter, silver and ceramics became available as tableware, the majority of items used were from carved wood, or “treen” - anything from wooden plates and bowls, snuff boxes and needle cases, spoons to shoehorns and chopping boards can be classed as treen. Today, treen is highly collectable for its patina and tactile appeal. So please bring along any treen items you may have at home or small antique/vintage woodenware pieces.

We meet in Hillsborough Village Centre at 7.30 pm and everyone is welcome - you don't have to be a regular member of the Group. Cost for membership is £10 pa and cost for non-members is £3 per meeting.



### BOOK GROUP 2

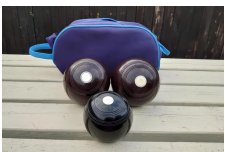
### GROUP LEADER - JOAN BRYSON



In February we will meet on Tuesday 25th at 10.30pm when our book is **'The Hare with Amber Eyes'** by Edmund de Waal. Growing up the author was unaware of his European Jewish heritage and this book arose from his explorations. A story of art, history and family focused on possession of a valuable collections of miniature Japanese figurines. Settings move from Tokyo to Odessa via 19th century Paris and Nazi era Vienna.

### BOWLING

### GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



After an enjoyable (hopefully!) festive holiday, Indoor bowlers are back in good spirits, bowling again at Kilmakee Activity Centre. We bowl at 1:45 - 4pm on Tuesday and at 9:45 am - noon on Thursday. I would remind bowlers to **please come in good time** to allow mats and teams to be organised for a **punctual start** to bowling. (A New Year resolution perhaps!) We wish you all a happy and successful 2025.

### CROCHET

### GROUP LEADER - JEAN RYAN

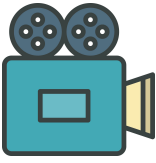


Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

News/Information/Articles for the next edition **must** reach the editor by the **second Wednesday** of each month.  
Lisburn U3A Newsletter - Page 2 of 6

## FILM GROUP

GROUP LEADER - JUDITH PRENTICE



We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (*depending on suitable films being available*) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

## GOLF

GROUP LEADER - MARGARET CALLAN

Weekly Golf on Monday Mornings at Aberdelghy Golf Course has resumed. Unfortunately the weather hasn't been kind to us so far this year. Everyone Welcome

## LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



LU3A Singers meet on the 2nd and 4th Friday of each month to enjoy good singing and friendship - you don't need to be able to read music - no expertise required - just come along to relax and sing!

**We start the New Year with meetings on Friday 14th and Friday 28th February 2025 at 2.00 pm in the Parish Room, Hillsborough Parish Church.** The Parish Room is the building on your right as you drive through the church gates - parking is available as you drive up to the Downshire Centre and also outside the Centre.

## PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR



The Painting for Pleasure Group recommenced on January 14th with a good turnout. We would still welcome new members, meeting in Hillsborough Village Centre 10.30 -12.30 every Tuesday.

## PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES

At the February meeting the photography group will display some of the photographs we took last year. Look out for us in the entrance hall at Laganview Enterprise Centre.

## T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

The Tai Chi group is off to a good start in 2025. At present we have a full complement of students and a short waiting list. We are enjoying our practice with Tutor Jane Burke, concentrating on the Eight Brocades and the Twenty-four Form.

Please contact group leaders Paul Boyce or Kathleen Ingleston if you require further information about this group. Happy, healthy, active 2025.

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## THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

### War Horse

Grand Opera House, Belfast, Thursday 13th February 2025 at 2.30 pm

Booking closed. Tickets available at monthly meetings or at the theatre.

However there is **one ticket available** if anyone is interested.

### The Sound of Music

Lagan Valley Island, Thursday 6th March 2025, at 7.30 pm

Fusion Theatre are thrilled to be bringing The Sound of Music to the Island Hall for the first time in their 22 year history! The unforgettable score features some of the most memorable songs ever performed on stage songs, including "Climb Every Mountain," "My Favourite Things," "Do-Re-Mi," "Sixteen Going on Seventeen" and the title number. *Tickets £16 pp.* **Closing date for bookings Monday 3rd February 2025**

## YOGA

GROUP LEADERS - BRENDA PALMER - FREDA BELL



Yoga classes continue on Wednesdays 4-5pm and Thursdays 11am-12pm.

We have full complement at the moment but we are happy to place anyone interested in joining us on our waiting list. Just contact Brenda or Freda.

**WALKING GROUPS** - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

### LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

### LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

### LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

### LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

### LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast U3A for these walks.

Any questions or for more information, please contact the group convener .

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## LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chair Person	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

### ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Cynthia Kelly	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Rd, Lisburn
3 = Hillsborough Village Community Centre	12 =
4 = Volunteer Member's Homes	13 =
5 = LaganView Enterprise Centre, Lisburn	14 = Hilden Brewery
6 = Happy Days	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

## LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	14	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 <sup>nd</sup> Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	