

Email: <u>info@lisburnu3a.org</u>

Website: https://www.lisburnu3a.org/ Charitable Status No NI 103276

October 2024 Events

OCTOBER MEETING LAGANVIEW ENTERPRISE CENTRE Thursday 31st October at 2.00pm

Speaker: Adrianne Brown – The Chambers Motor Company, who built the first motor car in Ireland. The Chambers brothers came from the Downpatrick area: Robert Martin, Charles Edward and John Henry (Jack) drew inspiration from local industries and were related to the Davidson family of the Sirocco Engineering works. An interesting talk about this successful Company who came from local origins.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

Thanks to the Ramblers who will be at the sign-in desk and will host the refreshments this month.

We will welcome Valerie Cobain (NI Regional Trustee) and Adrianne Brown (Chair NI Regional Executive Council) who will visit lu3a at our meeting in October to give a short update on changes regarding the operation of the Third Age Trust.

The Third Age Trust - Fit for the Future

Change is taking place as to how the National Third Age Trust will operate from the end of 2024 going forward. At present the Trustee Board is made up 12 regional trustees (9 from regions in England and 1 each from Scotland, Wales and N.Ireland.) but it is proposed to replace this with a smaller Board which will look after governance, finance etc, and a new Council will be formed, which will represent the regions.

Thursday 28th November Meeting @ 2.00pm

Wendy Smith - Hypo Hounds Diabetic Alert Assistance Dogs.

Dates for your Diary: Please note change of date and venue.

The December meeting on Thursday 12th December 2024 @ 2.00pm will be our Christmas Party with festive food and entertainment by Trevor Dickson.

We will be holding this in the Masonic Hall, Belsize Road Lisburn.

Please let us know if you will be coming for catering purposes.

Sign-up sheet at the October and November Meetings.

Thursday 30th January 2025 - Anniversary Lunch at 1.00pm Dunmurry Golf Club Cost and Menu – see next month's Newsletter.

We are in the process of updating member records on Beacon.

Please provide us with a current name and contact number of someone we can call in the event of an emergency. This can be completed at the monthly meeting, at your interest group meeting or by emailing Avril at -: info@lisburnu3a.org

News/Information/Articles for the next edition must reach the editor by the second Wednesday of each month. Lisburn U3A Newsletter - Page 1 of 6

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is on **Wednesday, 13th November 2024, Hillsborough Village Centre at 7.30 pm.** Our subject is **"Antiquing"** - the act of searching, shopping, identifying, negotiating, or bargaining for antiques. So, bring along the most unusual piece from your collection (can be antique or vintage)! Everybody welcome – non-members £3.

ARCHERY

GROUP LEADER - JOHN SELL

We have recommenced our Autumn season's activities. We meet every Tuesday at 10am for an hour in the Kilmakee Activity Centre. All the equipment is provided and we have a very experienced archery coach, Damien, who will provide all the necessary tuition.

New members are always welcome - Green tights optional!!

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON

Book club 1 read and discussed 'Lessons' by Ian McEwan . All who attended the meeting enjoyed the discussions. It was a difficult read...but most enjoyed it...and a few really loved the author's writing. His life ran parallel to many of us ... many of the same issues both personal and on a world scale .

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

In November our meeting is on Tuesday 26th at 10.30 pm. We make our first trip to New Zealand via Catherine Chidgey's book 'The Axeman's Carnival'. A young magpie falls out of his nest on a sheep farm and lives to tell the tale. Nurtured by the farmer's wife he learns to master human speech and becomes a Twitter sensation. The axe wielding farmer is less enamoured but sees money making opportunities. The bird observes the strangeness and complexity of human behaviour and interactions with the natural world. Said to balance violence and humour.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

Indoor bowling is in full swing again at Kilmakee Activity Centre. We bowl at 1.45 - 4.00 pm on Tuesday and at 9.45 am - noon on Thursday. Please come in good time to allow mats and teams to be organised for a punctual start to bowling.

We have attracted two new members since the start-up but there is still room for more. Members wishing to join should advise Fraser or Bill, which day (Tuesday or Thursday or both) they wish to play.

BRIDGE

GROUP LEADER - IVY LONG

The bridge club continues on Thursdays at 7.30 pm. New members, with a basic knowledge of the game, are welcome to join and enjoy learning more.

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CROCHET

GROUP LEADER - JEAN RYAN

Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

DINING OUT

GROUP LEADER - NORMA PATTERSON

We meet at Pizzarellys in Lisburn once a month, usually on the second Thursday of the month. Our next outing will be on Thursday 14th November at 6.45pm! Pizzarellys has a varied menu of Italian and British Cuisine with prices to suit everyone and it's BYO wine. Please contact the Group leader, Norma Patterson if you would like to join us.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

LET'S GO

GROUP LEADER - GAIL POLLOCK

November's visit will be to Blessingbourne Estate near Fivemiletown on **Mon 18th** at 11am. The cost is £28pp which includes tea/coffee. There will be a house tour, grounds and carriage collection.

The Manor House was built in 1870 to 1874 and the estate has been in the family for over 300 years. The main house has remained a private family home from the time it was built and there are many beautiful antiques and stunning art collection to view. https://www.blessingbourne.com/experience-blessingbourne/

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The Painting group meets in Hillsborough Village Centre 10:30 -12:30 each Tuesday. New members will be made most welcome.

PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES

The next meeting of the Photography Group will be at The Ulster Transport Museum at 10.30 am on Tuesday 29th October. As usual, the photography session will be followed by lunch.



LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY

Meetings in November are: **Friday 8th and Friday 22nd November 2024 at 2.00 pm in the Parish Room, Hillsborough Parish Church**. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.

Everyone welcome – no expertise required – just come, relax and sing!

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SCRABBLE GROUP

GROUP LEADERS - LYNDA BROWNLEE - BARBARA PRIMROSE

We meet in the Racquets on 1st and 3rd Thursday on the month at 14.00. New members are always welcome, we are a friendly group and don't take ourselves too seriously.

T'AI CHI - Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

The Tai Chi group continues every Monday in Laganview Centre. The class is currently full but anyone interested in joining contact Kathleen Ingleston or Paul Boyce.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

War Horse

Grand Opera House, Belfast, Thursday 13th February 2025 at 2.30 pm

Booking closed. Tickets available at monthly meetings or at the theatre..

Snow White the Pantomime

Lagan Valley Island, Lisburn, Friday 6th December 2024, at 7.00 pm

Booking closed. Tickets available at monthly meetings or at the theatre..

An Evening of Christmas Music

Ulster Hall, Belfast, Saturday 7th December 2024, at 7.30 pm

A highlight in the festive season, this year the Belfast Operatic Company are delighted to welcome back the Belfast Pops Orchestra, bringing their spectacular symphonic sound to the evenings proceedings. Together they bring you a range of old and new Christmas music. Featuring your favourite carols, accompanied by the Mulholland Organ, and with a variety of festive music and songs to get your Christmas season off to a festive start.

Tickets £25 pp. Closing date for bookings Monday 4th November 2024.

YOGALATES

GROUP LEADERS - BRENDA PALMER - FREDA BELL

Yogalates continues classes on Wednesdays and Thursdays. Anyone interested in joining us to stay flexible as we age should contact either Freda or myself, Brenda.

WALKING GROUPS - You Have A Choice Of Five Walking Groups With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mournes.

We join up with our fellow Scramblers from Belfast u3a for these walks.

Any questions or for more information, please contact the group convenor $\boldsymbol{.}$

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LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL	
Elizabeth Fleming	Chair Person		
Vice Chairperson	Post Vacant		
Jane Harris	Treasurer		
Avril Hughes	Administrative Secretary	Info@lisburnu3a.org	
Brenda Palmer	Catering and sign in Coordinator		
Fraser Shannon	Speakers		
Bill Ingleston	Membership Secretary		
Kathy Mclean	Assistant Membership Secretary		
Joan Bryson	Convener of Group Leaders		

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL	
Elodie Ellingsen	Webmaster	- Info@lisburnu3a.org	
Ray Fillmore	Newsletter Editor		
Cynthia Kelly	Photo Supplement		

VENUE* KEY				
1 = Kilmakee Activity Centre	10 =			
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 =			
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara			
4 = Volunteer Member's Homes	13 = Tesco, Bentrim Rd, Lisburn			
5 = LaganView Enterprise Centre, Lisburn	14 =			
6 =	15 = Hilden Brewery			
7 = Coach Snooker Club, Hillsborough	16 = Lisnagarvey Bowling Club			
8 = Varied Venues	17 = LCCC Omniplex Bowling Green			
9 = Parish Room Hillsborough Parish Church	18 = Happy Days			

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	10:30am	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	17	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	15	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	18	Jean Ryan	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Karate	Every Tuesday	6pm - 7:30pm	12	William Grant	
Let's Go	Occasional	Varied	8	Gail Pollock	Info@lisburnu3a.org
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00 12:15 - 13:15	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yogalates	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice	